



CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(DEEMED UNIVERSITY)
SARNATH, VARANASI

(Details required for Institute website)

Personal Details (all fields are mandatory)

Name:	Animesh Prakash		
Designation:	Assistant Professor		
Department:	Classical and Modern Languages		
Faculty:	Faculty of Shabda-vidyā		
Date of Joining:	September 17, 2018		
Ph.D. Topic:	Insight Meditation (<i>Vipassanā</i>) in Theravāda Buddhism and its Application in Psycho-therapy.		
Languages Known	Hindi, English, and Pāli		
Mobile No.:	+91-95 98 451 704	Email ID:	animeshatcuts@gmail.com



Professional Summary (A maximum of 100 words):

Animesh Prakash (PhD, BHU, 2013) is an Assistant Professor in Pāli at the CIHTS, Sarnath. Previously, he was serving as an Assistant Professor in Pāli at K J Somaiya Centre for Buddhist Studies, Mumbai. His research focuses on “the application of *Vipassanā* in Psycho-therapy.” He has been also trained in Classical Tibetan language at the RYI, Kathmandu University and at the HKU, Hong-Kong. Currently, he is working on the Transmission of Theravāda discourses in Tibetan Canon. Moreover, he is assisting in a project entitled “Exploring more *Cetasika*-s in Pāli texts” jointly undertaken by CIHTS, Varanasi and GadenPhodrang Institute, Dharmashala.

Areas of Specialisation & Research Interests:

My area of research interest can be summarised under the following heads in which I have a methodological interest in philological/textual studies that compliment psychological, philosophical, and cultural approaches applied to the Theravāda school of Buddhism.

- Mind and Mental Training in Early Buddhist Literature
- Teaching of the Buddha as the Foundation of Buddhist Psychotherapy
- Abhidhamma Philosophy
- Pāli Language and Literature
- Historical Transmission of Theravāda Discourses in the Tibetan Canon

Teaching Experience:

July 2011 to December 2013	Research Fellow	Department of Pali & Buddhist Studies, Faculty of Arts, Banaras Hindu University, Varanasi, U.P.
14.06.2014 to 15.09.2018	Assistant Professor	K. J. Somaiya Centre for Buddhist Studies, (A recognised centre of Mumbai University), Mumbai, Maharashtra.
17.09.2018 to till date	Assistant Professor	Central Institute of Higher Tibetan Studies, Sarnath, Varanasi

Research Projects, On-going/ Completed:

On-going Project

Assisting in a 2-year project entitled “Exploring more *Cetasika*-s in Pāli texts” jointly undertaken by CIHTS, Varanasi and GadenPhodrang Institute, Dharmasala.

Highlights/ Awards/ Accomplishments etc.:

Certificate for Appreciation for Standing First in B.A. (Hons.) Pāli Examination 2008, B.H.U.

Awarded Junior Research Fellowship in Pāli By UGC, New Delhi in June 2010.

Awarded Junior Research Fellowship in Buddhist Studies By UGC, New Delhi in December 2010.

Got N K Charitable Foundation Prize in the Prakrit Summer School at Bhogilal Leharchand Institute of Indology, Delhi, 2012.

Awarded the Tung Lin Kok Yuen Postgraduate Scholarships in Buddhist Studies at the University of Hong Kong, 2016-17.